

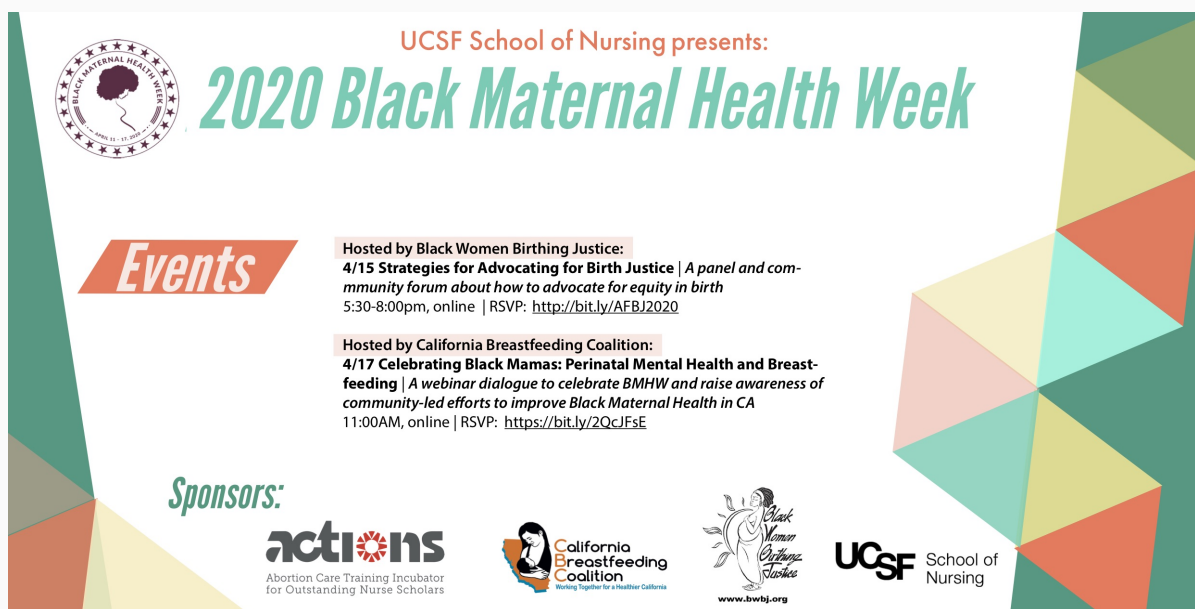
[Subscribe](#)[Past Issues](#)[Translate ▼](#)[View this email in your browser](#)

actions

Newsletter #3 | April 15, 2020

[About Us](#) | [Resources](#) | [Events](#) | [Contact](#)

Black Maternal Health Week Postponed



The graphic features a central text area with a white background, flanked by two large, colorful geometric shapes made of triangles in shades of green, yellow, and orange. On the left, there is a circular logo for Black Maternal Health Week. The text is arranged in a clear, hierarchical manner, starting with the UCSF School of Nursing presentation, followed by the event title, then a list of events with their details, and finally the sponsors at the bottom.

UCSF School of Nursing presents:

2020 Black Maternal Health Week

Events

Hosted by Black Women Birthing Justice:
4/15 **Strategies for Advocating for Birth Justice** | A panel and community forum about how to advocate for equity in birth
5:30-8:00pm, online | RSVP: <http://bit.ly/AFBJ2020>

Hosted by California Breastfeeding Coalition:
4/17 **Celebrating Black Mamas: Perinatal Mental Health and Breastfeeding** | A webinar dialogue to celebrate BMHW and raise awareness of community-led efforts to improve Black Maternal Health in CA
11:00AM, online | RSVP: <https://bit.ly/2QcJFsE>

Sponsors:

actions
Abortion Care Training Incubator
for Outstanding Nurse Scholars

California Breastfeeding Coalition
Working Together for a Healthier California

Black Women Birthing Justice
www.bwbj.org

UCSF School of Nursing

While Black Maternal Health Week (BMHW) was postponed due to COVID-19, we hope to celebrate it belatedly in the fall with several events. In the meantime, two webinars are happening this month and we encourage you to join!

Hosted by Black Women Birthing Justice on 4/15: **Strategies for Advocating for Birth Justice** | A panel and community forum about how to advocate for equity in birth 5:30-8:00pm, online | RSVP: <http://bit.ly/AFBJ2020>

awareness of community-led efforts to improve Black Maternal Health in CA
11:00AM, online | RSVP: <https://bit.ly/2QcJFsE>

Additionally, Black Mamas Matter Alliance is hosting a slate of exciting webinars for BMHW, check them out and register [here!](#)

Postpartum Support During Shelter-in-Place



NOURISH ! SUPPORTING POSTPARTUM FAMILIES AND COMMUNITY RESTAURANTS

**Postpartum families need support and nourishment
more than ever during “shelter in place”**

For list of restaurants and nutritionist-selected postpartum dishes:
<https://www.m2mpostpartum.org/nourish-restaurants-and-dishes>

Postpartum moms, family and friends can order these dishes directly from these restaurants. Due to rapidly changing situations, restaurants are struggling to stay open. Let's support postpartum families and community restaurants! (Status of restaurants and availability of dishes may fluctuate.)

The launching of NOURISH! was initially planned for Postpartum Justice Day - May 17, 2020. We are soft launching it now to mitigate the impact of “shelter in place” on birthing families and community restaurants. Please share this information with prenatal clinics, OB offices, friends, and families. Postpartum nourishment is crucial to healing and breastfeeding.

*M2M Postpartum Justice Project is 100% volunteer-run and community-based. It has no financial arrangement with the restaurants. Restaurants and dishes were selected by nutritionists and M2M team members. For additional information: m2mpostpartum.org and [@m2mpostpartum](https://twitter.com/m2mpostpartum) or contact: m2mpostpartum@gmail.org.

Monica R. McLemore PhD, MPH, RN, Alicia Swartz PhD, PNP, Helen Arega, MPA, and Olga Smith, BSN are leading a study that asks the research question, **how do nurses engage with people who visit crisis pregnancy centers?** This question will be answered if we achieve our specific aims which are, to explore Registered Nurse (RN) experiences of working with people seeking care at CPCs; to describe the role of nurses who volunteer or work for pay at CPCs; and to examine how nurses engage with people seeking crisis pregnancy center services.

The currently proposed study builds on prior work to more deeply understand the factors that influence if, when, where, and how nurses enable or restrict abortion care and how they characterize and conceptualize ethically challenging work.



NURSE ENGAGEMENT WITH CRISIS PREGNANCY CENTERS

You may be eligible to participate in a study conducted by the University of California San Francisco about nurses and how they engage with people who visit crisis pregnancy centers.

**You will receive a \$50 gift card for
your participation!**

**Are you a California
registered nurse (RN)
currently working at a
Crisis Pregnancy Center?**

**Come talk to our
researchers during a
confidential interview, we
want to know your
experience!**

Contact us at



nursepcstudy@gmail.com



(415) 580 - 1664

National Pregnancy COVID-19 Registry now OPEN for enrollment

UCSF Researchers have opened **PRIORITY (Pregnancy CoRonavirus Outcomes RegIsTRY)**, a nationwide registry for pregnant and postpartum women with **suspected COVID-19 or confirmed diagnosis**. <https://priority.ucsf.edu/> The aim of PRIORITY is to collect high yield data to answer urgent questions that inform care and counseling of pregnant women and their newborns.

They are enrolling patients from **any hospital across the country**. Please consider referring patients and **passing this information along** to your colleagues and networks.

TO REFER A PATIENT (Suspected/Under Investigation OR Confirmed Case, any language spoken): You do not need IRB or Research Ethics Board approval at your site because no research activities will occur there. Please ask the patient if she is willing to have her contact information shared with us. If yes, you can click here to [Refer a Patient](#), or call/text 415-754-3729, or email at PRIORITYCOVID19@ucsf.edu. The patient can also contact us herself [For Patients: Enroll in PRIORITY](#). We will then reach out directly to her to consent, enroll, and begin data collection. Here are more details about the study procedures: [Information for Providers](#) If you are willing, please circulate to your colleagues.

Resources for Pregnant People and COVID-19

Voices for Birth Justice: [Working List of Resources for Pregnant People and Their Families](#)
Includes resources for birth workers, doulas, on housing, food access, racial equity, and more.

Pregnancy and COVID: [FAQ's Answered by Medical Experts](#):
(reviewed by Society for Fetal Medicine, 30 March 2020)

Webinar: [Black Maternal Health and the U.S. COVID-19 Response](#)
April 13th, 3:30 ET Black Mammamas Matter Alliance

Additional Updates:

[Updates by CDC](#)

[Updates by WHO](#)

[National Perinatal Association Resources](#)

[A Message for Patients from American College of OB/GYNs](#)

Introducing ACTION's New Pre-Docs

Brenda Lopez, RN, MS, PNP

Brenda Lopez (she/her/hers) is native to the San Francisco Bay Area and is a proud and passionate first generation Latinx woman. Brenda is the first in her family to have the opportunity to pursue higher education, graduating in 2018 from University of California, San Francisco



pursuing her Master's at UCSF, Brenda worked as a graduate research student on the Saving Our Ladies And Reducing Stress (SOLARS) Oakland a UCSF study with the California Preterm Birth Initiative. This study ignited her passion for research and solidified her desire to return to UCSF as a nursing scientist to design evidence-based solutions. Advanced research skills will strengthen her commitment to continuously create access to care and advocate for reproductive health and justice for all. With Brenda's clinical background in pediatric primary care and adolescent school-based health, she currently practices as a Pediatric Nurse Practitioner at a Federally Qualified Health Center in San Leandro, serving diverse and vulnerable communities in her hometown. Brenda is thrilled to come back to UCSF in Fall

2020 for the SON's PhD in Nursing program and ACTIONS fellowship. With her studies, Brenda continues to advocate for patients by contributing to research that will help optimize policy and maximize health outcomes in a way that enacts transformational change that encompasses and focuses on reproductive justice. During her free time, Brenda loves playing with her energetic 6-year-old son, spending time with family and friends, enjoying a not-rushed cup of coffee, traveling, and Orange Theory Fitness classes.

Bethany Golden, RN, MS, CNM



Bethany Golden is a Registered Nurse and a Certified Nurse Midwife with deep clinical experience and knowledge of comprehensive reproductive and maternal health, family planning and abortion. As a clinician, consultant, lecturer and as part of research teams, she has worked in clinics, hospitals, universities and villages in New York City, SF Bay Area, Chicago, Fiji and Nicaragua. She consults in non-profit reproductive healthcare and tech companies around operations, strategy and partnership formation. For the last three months, on behalf ANSIRH/Bixby Center, she interviewed front-line abortion providers about their capacity and readiness for clinical expansion in "protected" access states, as neighboring states further restrict abortion services and in anticipation the protections under Roe v Wade may be weakened. In 2002, she co-founded and continues to

operate *ICAS/Juntos Adelante*, a not-for-profit that focuses on health and human rights in Nicaragua. She was awarded the Martin Luther King award and 90 nurses in 90 years by the Yale School of Nursing. Most importantly, she officiated 7 weddings, loves the great outdoors with family and friends and enjoys dancing.

What We're Reading

Subscribe

Past Issues

Translate ▼

- [First, Do No Harm: Why Philanthropy Needs to Re-Examine its Role in Reproductive Equity and Racial Justice](#)
- [An Equal-Opportunity Virus in a Nation of Inequity](#)
- [Abortion Pill Restrictions Won't Be Lifted During Pandemic, FDA Says](#)
- [Preterm Birth Initiative Research Continues During COVID-19](#)



Abortion Care Training Incubator
for Outstanding Nurse Scholars

Follow us on Instagram, Twitter, & Facebook!



If you have questions or comments for ACTIONS, or want to be added to the list for future newsletters, please email Laura at laura.sanchez@ucsf.edu

Copyright © 2020 The ACTIONS Program, All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

